

## Free Rein Center Volunteer Rules and Policies

## WHAT TO WEAR:

- Closed shoes (no sandals, flip-flops, slip-ons, etc.).
- Not too tight and not too loose-fitting pants. Pants must be securely on waist in order to be around horses.
- Layered clothing so you can adapt to the temperatures.
- Some kind of rain jacket if it is wet outside.

## WHAT NOT TO WEAR:

- Shorts.
- Tank tops or halter tops.
- Soft shoes (Ugg's, slippers, etc.).
- No excessive or dangling earrings, necklaces or bracelets.

## SOME BASIC GUIDELINES

- Be open to working with a variety of participants, peers, and staff.
- NO ALCOHOL OR TOBACCO use on Free Rein Property.
- Chewing gum and candy are not to be eaten while working with horses.
- No hand feeding of Free Rein horses. use a frisbee
- If you have a question, always ask!
- Treat all others as you would like to be treated.
- Verbal or physical abuse of any sort is not tolerated and will result in removal from the program.
- Be safe and have fun!
- Please stay calm and quiet in respect of the horses.
- This is not a place for political or religious debate please keep this a stress-free environment for horses and participants.
- No dogs on Free Rein property while riding lesson are taking place.