

# NICKERS & NEWS

SUMMER 2019 ISSUE



## Message from our Board Chair

As they say, April showers bring May flowers. But that also means it brings the end of the Spring Session. Students received their pictures and certificates during their final week of classes. Over 100 students joined us this spring. Our programming continues to expand and grow.

May also brings the Kentucky Derby! Free Rein, partnering with Con-  
nestee Falls, held our first Derby Party celebrating the 145<sup>th</sup> Run for the Roses. One hundred guests enjoyed traditional Derby food like Hot Browns, Bourbon Meatballs, Chocolate Bourbon Nut Pie and of course, what every Derby Party must serve, Mint Juleps. There was friendly wagering, mini-horse races, red-carpet photography, silent auction items and plenty of great raffle items, including two premium bottles of Kentucky Bourbon. Congrats to Jim Garrett who won the special Woodford Reserve Derby Edition Bourbon. Although the end of the race created quite a stir, the party was a smashing success. We hope to see you there next year.



*Donna Hunter, Toni Garrett  
& Lelia Duncan pictured.*

## Upcoming Events

Ongoing Tuesdays 11—12 noon	Slow Flow Yoga Class Supporting Free Rein Silvermont Center
Saturday June 8th 9am to 1pm	Tennis Tournament Brevard Racquet Club
Week of June 10th 9am to noon	Riding Day Camp
Week of June 17th	Summer Session Begins
July 11th 4pm to 9pm	Free Rein Rodeo Oskar Blues Brewery
Week of August 12th 9am to noon	Riding Day Camp

We have a lot of exciting things going on this summer. Our first week long Day Riding Camp, a Tennis Tournament at the Brevard Racquet Club, the Free Rein Rodeo at Oskar Blues Brewery and a Golf Tournament at Sherwood Forest are all scheduled.

Be sure to visit our new website for updates and our Facebook page & Instagram to see what's happening at the barn!

## A few snaps from Derby!



**STAY IN TOUCH - FOLLOW US ON FACEBOOK**

Phone (828) 883-3375

Email us at [info@freereincenter.com](mailto:info@freereincenter.com)

Check out our website [www.freereincenter.org](http://www.freereincenter.org)



## Spring Session was a HUGE success!



This Spring over 100 students participated in our therapeutic riding classes and our *Say Whoa To Bullying* program. Although we faced some rough bouts of weather, we managed to be able to provide classes come rain or shine thanks to the beautiful Rockbrook Riding Center facility. Here are a few of our favorite success stories from this Session.

One of the most rewarding experiences for me was witnessing Briar getting back onto the horse. He has been fearful of mounting and riding a horse for about a year. His dedicated mother, Sonya, did not let his fear deter them from attending their weekly lessons although sometimes it was very challenging.

Some parents might have given up but Briar's mom was committed. After many trial and errors, we finally conquered his fear. With one victory lap it brought tears to all of our eyes, as we witnessed his joy at achieving this success.



*Brittany McCathern, PATH Instructor*

Lydia cried the first 20 minutes of her first lesson at Free Rein only stopping when we put her on Cassie (horse). The smiles that followed were heart warming.

The next few lessons she was apprehensive of grooming and only relaxed once on Cassie. By the 5<sup>th</sup> lesson, Lydia smiled and giggled from the moment she got out of the car to the time she had to get back in to leave.

Lydia enjoyed her grooming and cuddling time with Cassie and the ride was always the cherry on top for her. For her volunteers and instructor, her smile and giggles were the highlight of the week!

*Rachel Evans  
PATH Instructor*





## We're excited to announce our new second location!

Susan and Mark Habel have been gracious enough to allow Free Rein to use their horses and farm this summer. This is a terrific opportunity for Free Rein to expand our programs and our herd. This location will be in addition to Sugarbrush Farm. As most of you know we had a waiting list for this past Spring and this generosity allows us to get those riders into the Summer Session.



A dedicated group of volunteers came together to reconstruct the riding arena to meet PATH standards. It was a full day of labor but the arena looks wonderful. We are very excited about this opportunity and invite you to come and watch a lesson.

Yoga with Horses will be offered at this location during the month of June on Thursdays at 5:30. Call the Free Rein Office for more information.



## Hot Off the Press, Presenting 2019 Summer Activities!

We've got A LOT of super ways to support Free Rein during the dog days ahead. Make plans now to attend or sign up your friends and families! You don't want to miss the fun.



### Doubles Tennis Tournament

Supporting Free Rein



Saturday, June 8th

at the Brevard Racquet Club

Entry fee \$25 per person  
Play begins 9 AM sharp

Consolation Bracket

Call Free Rein's office to register now!  
(828) 883 - 3375

### Ride ON! Horse Riding Day Camp



Let the kids spend 1/2 days learning to ride and care for horses this summer!

### Free Rein Center

Day Camp runs Monday to Friday, 9am - 12 pm  
Ages 6-13 welcome \$300 each

Day Camp #1  
June 10 - 14  
9am - 12pm  
10 slots available



Day Camp #2  
August 12 - 16  
9am - 12pm  
10 slots available

Basic Riding Skills

Trail Rides

Safe Horsemanship

Games, Crafts and More!

Call the Free Rein office to register (828) 883-3375

### FREE REIN FAMILY ★ RODEO ★

★ Corn Hole Tournament  
\$15 per person

★ Kid's Round Up \$10 per family  
Costumes, Games, Face Painting and more!

★ Dogs welcome!

Thursday, July 11, 2019

Hosted by:

OSKAR BLUES BREWERY  
Brevard

Proceeds benefit  
Free Rein Center



A place where the impossible becomes possible



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We invite you to join our growing herd of Stable Supporters. Your monthly gift provides a sustainable foundation that directly supports our programs and those we serve.

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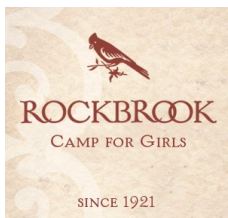
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We thank our sponsors for their investment in our programs & those we serve.

### Diamond Level



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