



# Nickers & News

## Fall 2019 Issue



### Message from our Board Chair

Thank you! What a great summer full of events including a Rodeo at Oskar Blues, Riding Camp at Sugarbrush and Par for the Horse Golf Tournament at Sherwood Forest. The best part of the summer though was serving 38 students at two off-site locations. Our programs continue to expand and grow and that wouldn't happen without YOU, our wonderful supporters. There are never enough ways to say thank you!



Please join us in welcoming three new Free Rein Board Members – Jerry Clouse, Linda Felderhoff, and Jim Symington. These folks bring exceptional insight, experience and passion to our already-great team. Thank you to all our board members for your dedication and enthusiasm.

This fall will be very busy with our program serving a record 154 students! And don't forget to mark your calendars for the year's most entertaining and enjoyable gala, The Mane Event, October 19<sup>th</sup>. I hope to see you there!

### Upcoming Events

Week of Sept. 2nd	Parent Orientation
Week of Aug. 26th & Sept. 2nd	Say Whoa to Bullying with Boys & Girls Club
Begins week of Sept. 9th	Fall Session
Sat., Oct. 19th	Mane Event
Sun., Oct. 27th	Halloween Barn
Begins week of Nov. 11th	Second Fall Session

### Summer Snaps



Free Rein is the only PATH International member center in Transylvania, Henderson or Buncombe counties. We work extremely hard to keep lesson fees low. Scholarship assistance is available to those who qualify and that's where **we need your help**.

Therapeutic riding lessons cost roughly \$150. Free Rein only charges \$50 per lesson and offers partial scholarships to those who qualify. Currently over 93% of participants receive scholarships. **We urgently need your help** to continue to provide these life changing experiences.

You can help by selling raffle tickets for our new Therapeutic Riding Kid Scholarship Fund Raffle. We're asking those closest to our mission to help raise the funds necessary to provide the services we offer. All participants and volunteers are asked to sell twenty, \$5 a piece raffle tickets. The prize is four Dollywood passes. Tickets need to be sold by Friday October 11<sup>th</sup>. The drawing will be held at The Mane Event on Saturday, October 19<sup>th</sup>. Winner does not need to be present.

What a great opportunity to help support the amazing work we do. Thank you! If you have any questions or ideas, please call the office at (828) 883-3375.

**STAY IN TOUCH - FOLLOW US ON FACEBOOK**

Phone (828) 883-3375

Email us at [info@freereincenter.com](mailto:info@freereincenter.com)

Check out our website [www.freereincenter.org](http://www.freereincenter.org)



## Meet our PATH International Instructors



Photographed from left to right: Mary Stoehr, Rachel Evans, Kara Franks and Brittany McCathern. Not pictured: Allegra Guez

Participants and their families can be confident that PATH Int'l Centers and Professionals deliver safe, effective EAAT to a diverse clientele. Sessions are supervised by PATH Int'l Certified Instructors and Equine Specialists who have undergone a stringent certification process and possess a strong equine background as well as an understanding of various disabilities through continuing education based on the annually updated *PATH Int'l Standards for Certification and Accreditation*.

### 5 Steps to Help Students Prepare for a Successful Fall Session

1. Prior to the session, begin reminding your student about what to expect at Free Rein. Talk about the horses, the barn and what they'll be doing.
2. If you have a calendar or schedule make sure students begin to realize that Free Rein is part of their fall schedule. Visual reminders are a great way for students to feel comfortable about their upcoming activities.
3. Set out riding attire. After the summer it may be advisable to have students to begin wearing pants, closed toed shoes or any other clothes they have not been wearing.
4. Once goals are set with the instructors, identify ways you can support those goals at home.
5. Help your student to Go with the Flow by discussing that they will be experiencing new situations, surroundings and smells. It's okay to be nervous but they'll have fun and be safe.



### Transylvania Vocational Services Life Skills & Interact Partners

For over a decade, Free Rein has partnered with Transylvania Vocational Services. It has been a wonderful relationship serving roughly 25 students each session. Over the years we have witnessed remarkable accomplishments. Participants have improved their cognitive and social skills as well as increased physical strength and coordination. Perhaps the best part is watching the group's bright smiles when they get to the barn and enjoying their bubbly personalities.

In case you don't know, TVS provides opportunities for community integration and inclusion. Services are provided in group settings or one-on-one to meet the identified needs of the individual in the areas of communication, socialization, and daily living skills. Services provide instruction and assistance to enable the individual to acquire and maintain skills that will allow him or her to function with greater independence in the community.





**It's Gala time! 'The Mane Event' is October 19<sup>th</sup>**

This year's exciting annual fundraiser, The Mane Event is set for Saturday, October 19<sup>th</sup>. Plan to saddle up and mosey over to Connestee Falls Overlook Clubhouse at 6pm. Tickets are \$75 and available for purchase by calling the office.

Join the "Trail Ride" down Mane Street for a fun-filled evening of food and drink. This year's music is provided by local favorite, Blake Ellege and guitarist, Kelly Jones. Enjoy the thrill of live and silent auctions while learning how Free Rein Center dramatically changes lives. Stick around after and relax to Ellege and his band The Country Resonators after the gala in Connestee's Blue Ridge Lounge.

Duke Says Sold! of Hendersonville will be back to lead the live auction.

Look for invitations in your mailbox in September and check the website and Facebook often for updates and details.



 Free Rein Center for Therapeutic Riding and Education

Free Rein Presents our 5th annual  
**Halloween Barn**  
Sunday, October 27, 2019, from 2 to 4pm

Rockbrook Camp Riding Facility  
3460 Greenville Hwy, Brevard 28712

Horses love Halloween as much as we do and want to show off their costumes to everyone. Come on out and join us for some spooky fun!

Free admission - donations welcome.



## Be A Stable Supporter!

Free Rein Center is a qualified 501(c)(3) public charity. Gifts and donations are tax deductible to the extent allowed by current tax law. Financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 919-814-5400.

We invite you to join our growing herd of Stable Supporters. Your monthly gift provides a sustainable foundation that directly supports our programs and those we serve.



### **Board of Directors**

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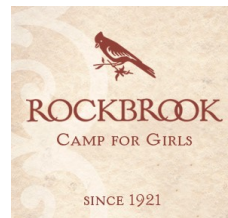
### **Staff**

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*Program Director*  
Rachel Evans  
*Program Administrator*  
Amberly Ralston  
*Horse Care Coordinator*  
Kara Franks  
*PATH Instructor*  
Mary Stoehr  
*PATH Instructor*  
Allegra Guez  
*PATH Instructor*

## **Sponsor's Corner**

**We thank our sponsors for their investment  
in our programs & those we serve.**

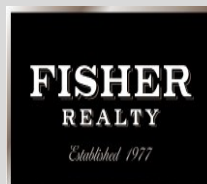
### Diamond Level



### Gold Level



### Silver Level



### Copper Level

